

OÖ Landesmeisterschaften - Lange Strecken 2021

08.05./09.05.2021

Fortsetzung Bewerb 1 - 800m Freistil Damen

Allgemeine Klasse, Pflichtzeit: 11:55,53

5.	Fürst, Elena	2007	AUT	1. LSK Heindl	10:02,14	+01:06.33	521
	RT +0.76 50m: 00:33,62, 100m: 01:11,36 (00:37,74), 150m: 01:49,06 (00:37,70), 200m: 02:26,71 (00:37,65) 250m: 03:04,49 (00:37,78), 300m: 03:42,67 (00:38,18), 350m: 04:20,67 (00:38,00), 400m: 04:59,44 (00:38,77) 450m: 05:37,54 (00:38,10), 500m: 06:16,45 (00:38,91), 550m: 06:54,59 (00:38,14), 600m: 07:33,05 (00:38,46) 650m: 08:10,93 (00:37,88), 700m: 08:49,02 (00:38,09), 750m: 09:25,89 (00:36,87), 800m: 10:02,14 (00:36,25)						
8.	Fürst, Chiara	2003	AUT	1. LSK Heindl	10:23,42	+01:27.61	470
	RT +0.67 50m: 00:33,59, 100m: 01:11,09 (00:37,50), 150m: 01:50,51 (00:39,42), 200m: 02:29,40 (00:38,89) 250m: 03:09,05 (00:39,65), 300m: 03:48,01 (00:38,96), 350m: 04:27,87 (00:39,86), 400m: 05:07,27 (00:39,40) 450m: 05:47,34 (00:40,07), 500m: 06:26,77 (00:39,43), 550m: 07:07,39 (00:40,62), 600m: 07:46,93 (00:39,54) 650m: 08:27,12 (00:40,19), 700m: 09:06,01 (00:38,89), 750m: 09:46,10 (00:40,09), 800m: 10:23,42 (00:37,32)						
14.	Pieringer, Magdalena	2007	AUT	1. LSK Heindl	10:46,84	+01:51.03	420
	RT +0.63 50m: 00:35,70, 100m: 01:16,12 (00:40,42), 150m: 01:57,03 (00:40,91), 200m: 02:38,79 (00:41,76) 250m: 03:19,12 (00:40,33), 300m: 04:00,55 (00:41,43), 350m: 04:41,10 (00:40,55), 400m: 05:22,21 (00:41,11) 450m: 06:02,14 (00:39,93), 500m: 06:43,86 (00:41,72), 550m: 07:24,77 (00:40,91), 600m: 08:06,06 (00:41,29) 650m: 08:46,68 (00:40,62), 700m: 09:28,13 (00:41,45), 750m: 10:07,88 (00:39,75), 800m: 10:46,84 (00:38,96)						
19.	Hostnik, Klara	2007	AUT	1. LSK Heindl	11:08,93	+02:13.12	380
	RT +0.80 50m: 00:38,49, 100m: 01:20,75 (00:42,26), 150m: 02:05,07 (00:44,32), 200m: 02:48,70 (00:43,63) 250m: 03:32,22 (00:43,52), 300m: 04:14,19 (00:41,97), 350m: 04:56,64 (00:42,45), 400m: 05:38,09 (00:41,45) 450m: 06:20,55 (00:42,46), 500m: 07:02,40 (00:41,85), 550m: 07:44,43 (00:42,03), 600m: 08:25,99 (00:41,56) 650m: 09:08,34 (00:42,35), 700m: 09:49,67 (00:41,33), 750m: 10:29,93 (00:40,26), 800m: 11:08,93 (00:39,00)						
26.	Semlak, Marlene	2008	AUT	1. LSK Heindl	11:35,37	+02:39.56	338
	RT +0.85 50m: 00:38,14, 100m: 01:20,58 (00:42,44), 150m: 02:05,15 (00:44,57), 200m: 02:48,69 (00:43,54) 250m: 03:33,69 (00:45,00), 300m: 04:18,28 (00:44,59), 350m: 05:02,76 (00:44,48), 400m: 05:46,68 (00:43,92) 450m: 06:30,76 (00:44,08), 500m: 07:15,31 (00:44,55), 550m: 07:59,62 (00:44,31), 600m: 08:43,68 (00:44,06) 650m: 09:27,95 (00:44,27), 700m: 10:12,58 (00:44,63), 750m: 10:56,53 (00:43,95), 800m: 11:35,37 (00:38,84)						

	Huemer, Ronja	2007	AUT	1. LSK Heindl		n.a.Start	
	Abgemeldet.						

Junioren, Pflichtzeit: 12:16,40

2.	Fürst, Chiara	2003	AUT	1. LSK Heindl	10:23,42	+47.62	470
	RT +0.67 50m: 00:33,59, 100m: 01:11,09 (00:37,50), 150m: 01:50,51 (00:39,42), 200m: 02:29,40 (00:38,89) 250m: 03:09,05 (00:39,65), 300m: 03:48,01 (00:38,96), 350m: 04:27,87 (00:39,86), 400m: 05:07,27 (00:39,40) 450m: 05:47,34 (00:40,07), 500m: 06:26,77 (00:39,43), 550m: 07:07,39 (00:40,62), 600m: 07:46,93 (00:39,54) 650m: 08:27,12 (00:40,19), 700m: 09:06,01 (00:38,89), 750m: 09:46,10 (00:40,09), 800m: 10:23,42 (00:37,32)						

AK 13-14, Pflichtzeit: 12:37,26

2.	Fürst, Elena	2007	AUT	1. LSK Heindl	10:02,14	+03.54	521
	RT +0.76 50m: 00:33,62, 100m: 01:11,36 (00:37,74), 150m: 01:49,06 (00:37,70), 200m: 02:26,71 (00:37,65) 250m: 03:04,49 (00:37,78), 300m: 03:42,67 (00:38,18), 350m: 04:20,67 (00:38,00), 400m: 04:59,44 (00:38,77) 450m: 05:37,54 (00:38,10), 500m: 06:16,45 (00:38,91), 550m: 06:54,59 (00:38,14), 600m: 07:33,05 (00:38,46) 650m: 08:10,93 (00:37,88), 700m: 08:49,02 (00:38,09), 750m: 09:25,89 (00:36,87), 800m: 10:02,14 (00:36,25)						
4.	Pieringer, Magdalena	2007	AUT	1. LSK Heindl	10:46,84	+48.24	420
	RT +0.63 50m: 00:35,70, 100m: 01:16,12 (00:40,42), 150m: 01:57,03 (00:40,91), 200m: 02:38,79 (00:41,76) 250m: 03:19,12 (00:40,33), 300m: 04:00,55 (00:41,43), 350m: 04:41,10 (00:40,55), 400m: 05:22,21 (00:41,11) 450m: 06:02,14 (00:39,93), 500m: 06:43,86 (00:41,72), 550m: 07:24,77 (00:40,91), 600m: 08:06,06 (00:41,29) 650m: 08:46,68 (00:40,62), 700m: 09:28,13 (00:41,45), 750m: 10:07,88 (00:39,75), 800m: 10:46,84 (00:38,96)						
6.	Hostnik, Klara	2007	AUT	1. LSK Heindl	11:08,93	+01:10.33	380
	RT +0.80 50m: 00:38,49, 100m: 01:20,75 (00:42,26), 150m: 02:05,07 (00:44,32), 200m: 02:48,70 (00:43,63) 250m: 03:32,22 (00:43,52), 300m: 04:14,19 (00:41,97), 350m: 04:56,64 (00:42,45), 400m: 05:38,09 (00:41,45) 450m: 06:20,55 (00:42,46), 500m: 07:02,40 (00:41,85), 550m: 07:44,43 (00:42,03), 600m: 08:25,99 (00:41,56) 650m: 09:08,34 (00:42,35), 700m: 09:49,67 (00:41,33), 750m: 10:29,93 (00:40,26), 800m: 11:08,93 (00:39,00)						
9.	Semlak, Marlene	2008	AUT	1. LSK Heindl	11:35,37	+01:36.77	338
	RT +0.85 50m: 00:38,14, 100m: 01:20,58 (00:42,44), 150m: 02:05,15 (00:44,57), 200m: 02:48,69 (00:43,54) 250m: 03:33,69 (00:45,00), 300m: 04:18,28 (00:44,59), 350m: 05:02,76 (00:44,48), 400m: 05:46,68 (00:43,92) 450m: 06:30,76 (00:44,08), 500m: 07:15,31 (00:44,55), 550m: 07:59,62 (00:44,31), 600m: 08:43,68 (00:44,06) 650m: 09:27,95 (00:44,27), 700m: 10:12,58 (00:44,63), 750m: 10:56,53 (00:43,95), 800m: 11:35,37 (00:38,84)						

OÖ Landesmeisterschaften - Lange Strecken 2021

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Fortsetzung Bewerb 1 - 800m Freistil Damen

AK 13-14, Pflichtzeit: 12:37,26

Huemer, Ronja 2007 AUT 1. LSK Heindl n.a.Start
Abgemeldet.

Fortsetzung Bewerb 3 - 1500m Freistil Herren

Allgemeine Klasse, Pflichtzeit: 21:10,63

2. Fischerlehner, Max 2001 AUT 1. LSK Heindl 16:57,11 +32.08 628
RT +0.67 50m: 00:29,86, 100m: 01:03,25 (00:33,39), 150m: 01:36,88 (00:33,63), 200m: 02:10,69 (00:33,81)
250m: 02:44,80 (00:34,11), 300m: 03:18,86 (00:34,06), 350m: 03:52,89 (00:34,03), 400m: 04:26,76 (00:33,87)
450m: 05:01,60 (00:34,84), 500m: 05:35,50 (00:33,90), 550m: 06:09,95 (00:34,45), 600m: 06:43,56 (00:33,61)
650m: 07:17,74 (00:34,18), 700m: 07:51,80 (00:34,06), 750m: 08:26,12 (00:34,32), 800m: 08:59,96 (00:33,84)
850m: 09:34,27 (00:34,31), 900m: 10:08,25 (00:33,98), 950m: 10:42,37 (00:34,12), 1000m: 11:16,64 (00:34,27)
1050m: 11:50,96 (00:34,32), 1100m: 12:25,24 (00:34,28), 1150m: 12:59,08 (00:33,84), 1200m: 13:33,26 (00:34,18)
1250m: 14:07,70 (00:34,44), 1300m: 14:42,12 (00:34,42), 1350m: 15:16,19 (00:34,07), 1400m: 15:50,55 (00:34,36)
1450m: 16:24,66 (00:34,11), 1500m: 16:57,11 (00:32,45)
8. Pieringer, Daniel 2005 AUT 1. LSK Heindl 18:20,40 +01:55.37 495
RT +0.71 50m: 00:31,22, 100m: 01:06,65 (00:35,43), 150m: 01:42,60 (00:35,95), 200m: 02:19,05 (00:36,45)
250m: 02:55,50 (00:36,45), 300m: 03:32,14 (00:36,64), 350m: 04:08,27 (00:36,13), 400m: 04:44,88 (00:36,61)
450m: 05:20,92 (00:36,04), 500m: 05:57,60 (00:36,68), 550m: 06:33,93 (00:36,33), 600m: 07:10,85 (00:36,92)
650m: 07:47,85 (00:37,00), 700m: 08:24,40 (00:36,55), 750m: 09:01,27 (00:36,87), 800m: 09:38,21 (00:36,94)
850m: 10:15,29 (00:37,08), 900m: 10:52,27 (00:36,98), 950m: 11:29,36 (00:37,09), 1000m: 12:06,44 (00:37,08)
1050m: 12:43,61 (00:37,17), 1100m: 13:20,98 (00:37,37), 1150m: 13:58,69 (00:37,71), 1200m: 14:36,67 (00:37,98)
1250m: 15:13,90 (00:37,23), 1300m: 15:51,51 (00:37,61), 1350m: 16:29,37 (00:37,86), 1400m: 17:07,18 (00:37,81)
1450m: 17:44,82 (00:37,64), 1500m: 18:20,40 (00:35,58)
15. Brandstetter, Lorenz 2006 AUT 1. LSK Heindl 19:59,71 +03:34.68 382
RT +0.61 50m: 00:31,12, 100m: 01:08,36 (00:37,24), 150m: 01:46,90 (00:38,54), 200m: 02:26,77 (00:39,87)
250m: 03:06,97 (00:40,20), 300m: 03:47,26 (00:40,29), 350m: 04:27,94 (00:40,68), 400m: 05:08,56 (00:40,62)
450m: 05:48,61 (00:40,05), 500m: 06:29,53 (00:40,92), 550m: 07:09,50 (00:39,97), 600m: 07:51,39 (00:41,89)
650m: 08:31,29 (00:39,90), 700m: 09:12,35 (00:41,06), 750m: 09:53,53 (00:41,18), 800m: 10:34,41 (00:40,88)
850m: 11:14,74 (00:40,33), 900m: 11:55,21 (00:40,47), 950m: 12:35,19 (00:39,98), 1000m: 13:16,54 (00:41,35)
1050m: 13:56,75 (00:40,21), 1100m: 14:37,99 (00:41,24), 1150m: 15:18,69 (00:40,70), 1200m: 15:59,80 (00:41,11)
1250m: 16:40,17 (00:40,37), 1300m: 17:21,33 (00:41,16), 1350m: 18:01,66 (00:40,33), 1400m: 18:42,52 (00:40,86)
1450m: 19:22,92 (00:40,40), 1500m: 19:59,71 (00:36,79)
22. Eckhart, Alexander 2008 AUT 1. LSK Heindl 21:35,15 +05:10.12 304
RT +0.81 50m: 00:36,19, 100m: 01:16,84 (00:40,65), 150m: 01:59,28 (00:42,44), 200m: 02:42,11 (00:42,83)
250m: 03:25,31 (00:43,20), 300m: 04:08,66 (00:43,35), 350m: 04:51,82 (00:43,16), 400m: 05:35,86 (00:44,04)
450m: 06:19,14 (00:43,28), 500m: 07:03,11 (00:43,97), 550m: 07:46,73 (00:43,62), 600m: 08:30,86 (00:44,13)
650m: 09:14,70 (00:43,84), 700m: 09:58,36 (00:43,66), 750m: 10:42,25 (00:43,89), 800m: 11:25,69 (00:43,44)
850m: 12:09,58 (00:43,89), 900m: 12:53,48 (00:43,90), 950m: 13:37,42 (00:43,94), 1000m: 14:21,61 (00:44,19)
1050m: 15:05,11 (00:43,50), 1100m: 15:49,73 (00:44,62), 1150m: 16:32,92 (00:43,19), 1200m: 17:16,66 (00:43,74)
1250m: 18:00,09 (00:43,43), 1300m: 18:43,91 (00:43,82), 1350m: 19:27,25 (00:43,34), 1400m: 20:10,52 (00:43,27)
1450m: 20:53,35 (00:42,83), 1500m: 21:35,15 (00:41,80)

AK 15-16, Pflichtzeit: 23:42,31

3. Pieringer, Daniel 2005 AUT 1. LSK Heindl 18:20,40 +18.89 495
RT +0.71 50m: 00:31,22, 100m: 01:06,65 (00:35,43), 150m: 01:42,60 (00:35,95), 200m: 02:19,05 (00:36,45)
250m: 02:55,50 (00:36,45), 300m: 03:32,14 (00:36,64), 350m: 04:08,27 (00:36,13), 400m: 04:44,88 (00:36,61)
450m: 05:20,92 (00:36,04), 500m: 05:57,60 (00:36,68), 550m: 06:33,93 (00:36,33), 600m: 07:10,85 (00:36,92)
650m: 07:47,85 (00:37,00), 700m: 08:24,40 (00:36,55), 750m: 09:01,27 (00:36,87), 800m: 09:38,21 (00:36,94)
850m: 10:15,29 (00:37,08), 900m: 10:52,27 (00:36,98), 950m: 11:29,36 (00:37,09), 1000m: 12:06,44 (00:37,08)
1050m: 12:43,61 (00:37,17), 1100m: 13:20,98 (00:37,37), 1150m: 13:58,69 (00:37,71), 1200m: 14:36,67 (00:37,98)
1250m: 15:13,90 (00:37,23), 1300m: 15:51,51 (00:37,61), 1350m: 16:29,37 (00:37,86), 1400m: 17:07,18 (00:37,81)
1450m: 17:44,82 (00:37,64), 1500m: 18:20,40 (00:35,58)
6. Brandstetter, Lorenz 2006 AUT 1. LSK Heindl 19:59,71 +01:58.20 382
RT +0.61 50m: 00:31,12, 100m: 01:08,36 (00:37,24), 150m: 01:46,90 (00:38,54), 200m: 02:26,77 (00:39,87)
250m: 03:06,97 (00:40,20), 300m: 03:47,26 (00:40,29), 350m: 04:27,94 (00:40,68), 400m: 05:08,56 (00:40,62)
450m: 05:48,61 (00:40,05), 500m: 06:29,53 (00:40,92), 550m: 07:09,50 (00:39,97), 600m: 07:51,39 (00:41,89)
650m: 08:31,29 (00:39,90), 700m: 09:12,35 (00:41,06), 750m: 09:53,53 (00:41,18), 800m: 10:34,41 (00:40,88)
850m: 11:14,74 (00:40,33), 900m: 11:55,21 (00:40,47), 950m: 12:35,19 (00:39,98), 1000m: 13:16,54 (00:41,35)
1050m: 13:56,75 (00:40,21), 1100m: 14:37,99 (00:41,24), 1150m: 15:18,69 (00:40,70), 1200m: 15:59,80 (00:41,11)
1250m: 16:40,17 (00:40,37), 1300m: 17:21,33 (00:41,16), 1350m: 18:01,66 (00:40,33), 1400m: 18:42,52 (00:40,86)
1450m: 19:22,92 (00:40,40), 1500m: 19:59,71 (00:36,79)

OÖ Landesmeisterschaften - Lange Strecken 2021

08.05./09.05.2021

Fortsetzung Bewerb 3 - 1500m Freistil Herren

AK 13-14, Pflichtzeit: 23:42,31

6. Eckhart, Alexander	2008 AUT	1. LSK Heindl	21:35,15	+02:33.04	304
RT +0.81 50m: 00:36,19, 100m: 01:16,84 (00:40,65), 150m: 01:59,28 (00:42,44), 200m: 02:42,11 (00:42,83) 250m: 03:25,31 (00:43,20), 300m: 04:08,66 (00:43,35), 350m: 04:51,82 (00:43,16), 400m: 05:35,86 (00:44,04) 450m: 06:19,14 (00:43,28), 500m: 07:03,11 (00:43,97), 550m: 07:46,73 (00:43,62), 600m: 08:30,86 (00:44,13) 650m: 09:14,70 (00:43,84), 700m: 09:58,36 (00:43,66), 750m: 10:42,25 (00:43,89), 800m: 11:25,69 (00:43,44) 850m: 12:09,58 (00:43,89), 900m: 12:53,48 (00:43,90), 950m: 13:37,42 (00:43,94), 1000m: 14:21,61 (00:44,19) 1050m: 15:05,11 (00:43,50), 1100m: 15:49,73 (00:44,62), 1150m: 16:32,92 (00:43,19), 1200m: 17:16,66 (00:43,74) 1250m: 18:00,09 (00:43,43), 1300m: 18:43,91 (00:43,82), 1350m: 19:27,25 (00:43,34), 1400m: 20:10,52 (00:43,27) 1450m: 20:53,35 (00:42,83), 1500m: 21:35,15 (00:41,80)					

--- 2. Abschnitt ---

Fortsetzung Bewerb 4 - 1500m Freistil Damen

Allgemeine Klasse, Pflichtzeit: 22:56,43

3. Fürst, Elena	2007 AUT	1. LSK Heindl	19:35,30	+01:13.49	480
RT +0.84 50m: 00:34,78, 100m: 01:12,72 (00:37,94), 150m: 01:52,11 (00:39,39), 200m: 02:31,35 (00:39,24) 250m: 03:11,14 (00:39,79), 300m: 03:50,16 (00:39,02), 350m: 04:29,93 (00:39,77), 400m: 05:09,33 (00:39,40) 450m: 05:49,44 (00:40,11), 500m: 06:29,11 (00:39,67), 550m: 07:08,85 (00:39,74), 600m: 07:48,14 (00:39,29) 650m: 08:28,13 (00:39,99), 700m: 09:07,82 (00:39,69), 750m: 09:47,66 (00:39,84), 800m: 10:27,45 (00:39,79) 850m: 11:07,16 (00:39,71), 900m: 11:46,94 (00:39,78), 950m: 12:27,09 (00:40,15), 1000m: 13:06,41 (00:39,32) 1050m: 13:46,48 (00:40,07), 1100m: 14:26,10 (00:39,62), 1150m: 15:05,64 (00:39,54), 1200m: 15:44,52 (00:38,88) 1250m: 16:24,09 (00:39,57), 1300m: 17:03,36 (00:39,27), 1350m: 17:43,17 (00:39,81), 1400m: 18:22,02 (00:38,85) 1450m: 18:59,38 (00:37,36), 1500m: 19:35,30 (00:35,92)					
5. Fürst, Chiara	2003 AUT	1. LSK Heindl	19:48,95	+01:27.14	464
RT +0.69 50m: 00:35,54, 100m: 01:15,31 (00:39,77), 150m: 01:55,28 (00:39,97), 200m: 02:35,69 (00:40,41) 250m: 03:14,67 (00:38,98), 300m: 03:54,54 (00:39,87), 350m: 04:34,05 (00:39,51), 400m: 05:14,40 (00:40,35) 450m: 05:53,68 (00:39,28), 500m: 06:33,94 (00:40,26), 550m: 07:13,84 (00:39,90), 600m: 07:54,39 (00:40,55) 650m: 08:33,92 (00:39,53), 700m: 09:14,13 (00:40,21), 750m: 09:53,77 (00:39,64), 800m: 10:33,94 (00:40,17) 850m: 11:13,56 (00:39,62), 900m: 11:53,75 (00:40,19), 950m: 12:33,49 (00:39,74), 1000m: 13:13,65 (00:40,16) 1050m: 13:53,28 (00:39,63), 1100m: 14:33,19 (00:39,91), 1150m: 15:12,48 (00:39,29), 1200m: 15:52,44 (00:39,96) 1250m: 16:31,95 (00:39,51), 1300m: 17:11,94 (00:39,99), 1350m: 17:51,47 (00:39,53), 1400m: 18:31,00 (00:39,53) 1450m: 19:10,26 (00:39,26), 1500m: 19:48,95 (00:38,69)					

Fortsetzung Bewerb 5 - 800m Freistil Herren

Allgemeine Klasse, Pflichtzeit: 11:05,96

3. Fischerlehner, Max	2001 AUT	1. LSK Heindl	09:00,07	+19.24	586
RT +0.68 50m: 00:30,12, 100m: 01:03,31 (00:33,19), 150m: 01:36,88 (00:33,57), 200m: 02:11,00 (00:34,12) 250m: 02:44,82 (00:33,82), 300m: 03:19,33 (00:34,51), 350m: 03:53,29 (00:33,96), 400m: 04:28,15 (00:34,86) 450m: 05:01,99 (00:33,84), 500m: 05:36,88 (00:34,89), 550m: 06:10,69 (00:33,81), 600m: 06:45,69 (00:35,00) 650m: 07:18,95 (00:33,26), 700m: 07:53,17 (00:34,22), 750m: 08:26,64 (00:33,47), 800m: 09:00,07 (00:33,43)					

OÖ Landesmeisterschaften - Lange Strecken 2021

08.05./09.05.2021

Fortsetzung Bewerb 6 - 400m Freistil Damen

AK 11-12

4.	Manhal, Eva	2010	AUT	1.	LSK Heindl	05:52,06	+20.23	302
50m: 00:39,64, 100m: 01:24,61 (00:44,97), 150m: 02:09,87 (00:45,26), 200m: 02:55,90 (00:46,03) 250m: 03:41,05 (00:45,15), 300m: 04:26,01 (00:44,96), 350m: 05:10,86 (00:44,85), 400m: 05:52,06 (00:41,20)								
13.	Kaltenbacher, Elisa	2009	AUT	1.	LSK Heindl	06:22,96	+51.13	235
RT +0.98 50m: 00:40,69, 100m: 01:28,63 (00:47,94), 150m: 02:19,16 (00:50,53), 200m: 03:05,85 (00:46,69) 250m: 03:55,64 (00:49,79), 300m: 04:46,84 (00:51,20), 350m: 05:36,42 (00:49,58), 400m: 06:22,96 (00:46,54)								
15.	Klug, Anna	2009	AUT	1.	LSK Heindl	06:29,16	+57.33	224
RT +0.87 50m: 00:40,50, 100m: 01:28,30 (00:47,80), 150m: 02:18,75 (00:50,45), 200m: 03:08,55 (00:49,80) 250m: 03:59,29 (00:50,74), 300m: 04:50,92 (00:51,63), 350m: 05:41,11 (00:50,19), 400m: 06:29,16 (00:48,05)								
16.	Beer, Elena	2009	AUT	1.	LSK Heindl	06:34,98	+01:03.15	214
RT +0.90 50m: 00:41,77, 100m: 01:30,45 (00:48,68), 150m: 02:20,70 (00:50,25), 200m: 03:12,26 (00:51,56) 250m: 04:03,84 (00:51,58), 300m: 04:55,19 (00:51,35), 350m: 05:46,89 (00:51,70), 400m: 06:34,98 (00:48,09)								
17.	Reiter, Amelie	2010	AUT	1.	LSK Heindl	06:39,82	+01:07.99	206
RT +0.88 50m: 00:42,38, 100m: 01:33,47 (00:51,09), 150m: 02:24,14 (00:50,67), 200m: 03:15,00 (00:50,86) 250m: 04:07,71 (00:52,71), 300m: 04:58,99 (00:51,28), 350m: 05:51,67 (00:52,68), 400m: 06:39,82 (00:48,15)								

AK 9-10

5.	Klug, Eva	2011	AUT	1.	LSK Heindl	08:28,74	+02:01.42	100
50m: 00:50,42, 100m: 01:51,93 (01:01,51), 150m: 02:59,90 (01:07,97), 200m: 04:05,94 (01:06,04) 250m: 05:13,95 (01:08,01), 300m: 06:23,97 (01:10,02), 350m: 07:28,99 (01:05,02), 400m: 08:28,74 (00:59,75)								

Fortsetzung Bewerb 7 - 400m Freistil Herren

AK 11-12

10.	Feneberger, Maximilian	2010	AUT	1.	LSK Heindl	06:01,11	+41.90	226
50m: 00:39,07, 100m: 01:24,40 (00:45,33), 150m: 02:09,80 (00:45,40), 200m: 02:55,78 (00:45,98) 250m: 03:41,58 (00:45,80), 300m: 04:28,57 (00:46,99), 350m: 05:15,18 (00:46,61), 400m: 06:01,11 (00:45,93)								

AK 9-10

1.	Manhal, Tim	2011	AUT	1.	LSK Heindl	06:11,15		208
50m: 00:41,50, 100m: 01:29,13 (00:47,63), 150m: 02:16,15 (00:47,02), 200m: 03:04,34 (00:48,19) 250m: 03:52,79 (00:48,45), 300m: 04:38,84 (00:46,05), 350m: 05:27,16 (00:48,32), 400m: 06:11,15 (00:43,99)								

Fortsetzung Bewerb 8 - 200m Lagen Damen

AK 11-12

3.	Manhal, Eva	2010	AUT	1.	LSK Heindl	03:05,11	+12.38	316
50m: 00:42,28, 100m: 01:31,42 (00:49,14), 150m: 02:23,90 (00:52,48), 200m: 03:05,11 (00:41,21)								
11.	Klug, Anna	2009	AUT	1.	LSK Heindl	03:18,02	+25.29	258
RT +0.84 50m: 00:48,53, 100m: 01:39,28 (00:50,75), 150m: 02:34,57 (00:55,29), 200m: 03:18,02 (00:43,45)								
14.	Kaltenbacher, Elisa	2009	AUT	1.	LSK Heindl	03:25,50	+32.77	231
RT +0.10 50m: 00:47,43, 100m: 01:40,12 (00:52,69), 150m: 02:38,58 (00:58,46), 200m: 03:25,50 (00:46,92)								
15.	Beer, Elena	2009	AUT	1.	LSK Heindl	03:36,36	+43.63	198
RT +0.82 50m: 00:48,90, 100m: 01:46,18 (00:57,28), 150m: 02:47,88 (01:01,70), 200m: 03:36,36 (00:48,48)								
17.	Reiter, Amelie	2010	AUT	1.	LSK Heindl	03:45,79	+53.06	174
RT +0.79 50m: 00:58,07, 100m: 01:56,15 (00:58,08), 150m: 02:58,15 (01:02,00), 200m: 03:45,79 (00:47,64)								

OÖ Landesmeisterschaften - Lange Strecken 2021

08.05./09.05.2021

Fortsetzung Bewerb 8 - 200m Lagen Damen

AK 9-10

2. Klug, Eva	2011 AUT	1. LSK Heindl	04:27,55	+47.76	104
50m: 01:05,91, 100m: 02:18,54 (01:12,63), 150m: 03:25,55 (01:07,01), 200m: 04:27,55 (01:02,00)					

Fortsetzung Bewerb 9 - 200m Lagen Herren

AK 11-12

8. Feneberger, Maximilian	2010 AUT	1. LSK Heindl	03:19,49	+30.45	186
50m: 00:43,80, 100m: 01:35,34 (00:51,54), 150m: 02:36,27 (01:00,93), 200m: 03:19,49 (00:43,22)					

AK 9-10

1. Manhal, Tim	2011 AUT	1. LSK Heindl	03:20,55		183
RT +0.61 50m: 00:46,37, 100m: 01:38,15 (00:51,78), 150m: 02:37,97 (00:59,82), 200m: 03:20,55 (00:42,58)					

Fortsetzung Bewerb 10 - 400m Lagen Damen

Allgemeine Klasse, Pflichtzeit: 06:38,59

3. Fürst, Chiara	2003 AUT	1. LSK Heindl	05:31,02	+14.05	521
RT +0.67 50m: 00:32,84, 100m: 01:13,54 (00:40,70), 150m: 02:00,62 (00:47,08), 200m: 02:46,38 (00:45,76) 250m: 03:29,75 (00:43,37), 300m: 04:15,37 (00:45,62), 350m: 04:54,49 (00:39,12), 400m: 05:31,02 (00:36,53)					
4. Fürst, Elena	2007 AUT	1. LSK Heindl	05:31,52	+14.55	518
RT +0.74 50m: 00:37,69, 100m: 01:24,79 (00:47,10), 150m: 02:04,46 (00:39,67), 200m: 02:44,10 (00:39,64) 250m: 03:30,32 (00:46,22), 300m: 04:16,97 (00:46,65), 350m: 04:55,27 (00:38,30), 400m: 05:31,52 (00:36,25)					
8. Traxler, Emma	2004 AUT	1. LSK Heindl	05:52,62	+35.65	431
RT +0.73 50m: 00:36,10, 100m: 01:21,05 (00:44,95), 150m: 02:04,64 (00:43,59), 200m: 02:48,69 (00:44,05) 250m: 03:40,62 (00:51,93), 300m: 04:34,84 (00:54,22), 350m: 05:13,89 (00:39,05), 400m: 05:52,62 (00:38,73)					
13. Hostnik, Klara	2007 AUT	1. LSK Heindl	06:01,48	+44.51	400
RT +0.92 50m: 00:38,42, 100m: 01:24,51 (00:46,09), 150m: 02:14,53 (00:50,02), 200m: 03:02,50 (00:47,97) 250m: 03:49,88 (00:47,38), 300m: 04:38,36 (00:48,48), 350m: 05:19,65 (00:41,29), 400m: 06:01,48 (00:41,83)					
14. Pieringer, Magdalena	2007 AUT	1. LSK Heindl	06:01,75	+44.78	399
RT +0.60 50m: 00:38,25, 100m: 01:25,39 (00:47,14), 150m: 02:12,17 (00:46,78), 200m: 02:58,01 (00:45,84) 250m: 03:49,29 (00:51,28), 300m: 04:39,50 (00:50,21), 350m: 05:21,28 (00:41,78), 400m: 06:01,75 (00:40,47)					
20. Sendlak, Marlene	2008 AUT	1. LSK Heindl	06:35,26	+01:18.29	306
RT +0.83 50m: 00:40,02, 100m: 01:32,31 (00:52,29), 150m: 02:24,29 (00:51,98), 200m: 03:16,08 (00:51,79) 250m: 04:11,61 (00:55,53), 300m: 05:08,70 (00:57,09), 350m: 05:53,18 (00:44,48), 400m: 06:35,26 (00:42,08)					
22. Huber, Katharina	2007 AUT	1. LSK Heindl	06:47,43	+01:30.46	279
RT +0.89 50m: 00:41,58, 100m: 01:30,78 (00:49,20), 150m: 02:25,03 (00:54,25), 200m: 03:18,50 (00:53,47) 250m: 04:16,18 (00:57,68), 300m: 05:15,12 (00:58,94), 350m: 06:02,13 (00:47,01), 400m: 06:47,43 (00:45,30)					
23. Schachenhofer, Florentine	2008 AUT	1. LSK Heindl	07:08,36	+01:51.39	240
RT +0.82 50m: 00:45,15, 100m: 01:41,63 (00:56,48), 150m: 02:37,38 (00:55,75), 200m: 03:30,31 (00:52,93) 250m: 04:28,15 (00:57,84), 300m: 05:26,39 (00:58,24), 350m: 06:19,66 (00:53,27), 400m: 07:08,36 (00:48,70)					
25. Bruckner, Claire	2006 AUT	1. LSK Heindl	07:11,29	+01:54.32	235
RT +0.86 50m: 00:47,64, 100m: 01:50,50 (01:02,86), 150m: 02:47,26 (00:56,76), 200m: 03:40,56 (00:53,30) 250m: 04:39,83 (00:59,27), 300m: 05:39,35 (00:59,52), 350m: 06:26,97 (00:47,62), 400m: 07:11,29 (00:44,32)					
Reitsema, Kira	2006 AUT	1. LSK Heindl		dq.	
13:51	SW 9.4 Beendete die Schwimmlage nicht nach den Regeln des Zielanschlags der Lage Rücken				

OÖ Landesmeisterschaften - Lange Strecken 2021

08.05./09.05.2021

Fortsetzung Bewerb 10 - 400m Lagen Damen

Junioren, Pflichtzeit: 06:47,04

2.	Fürst, Chiara	2003	AUT	1. LSK Heindl	05:31,02	+14.05	521
	RT +0.67 50m: 00:32,84, 100m: 01:13,54 (00:40,70), 150m: 02:00,62 (00:47,08), 200m: 02:46,38 (00:45,76) 250m: 03:29,75 (00:43,37), 300m: 04:15,37 (00:45,62), 350m: 04:54,49 (00:39,12), 400m: 05:31,02 (00:36,53)						
4.	Traxler, Emma	2004	AUT	1. LSK Heindl	05:52,62	+35.65	431
	RT +0.73 50m: 00:36,10, 100m: 01:21,05 (00:44,95), 150m: 02:04,64 (00:43,59), 200m: 02:48,69 (00:44,05) 250m: 03:40,62 (00:51,93), 300m: 04:34,84 (00:54,22), 350m: 05:13,89 (00:39,05), 400m: 05:52,62 (00:38,73)						

AK 15, Pflichtzeit: 06:55,48

3.	Bruckner, Claire	2006	AUT	1. LSK Heindl	07:11,29	+01:38.89	RG	235
	RT +0.86 50m: 00:47,64, 100m: 01:50,50 (01:02,86), 150m: 02:47,26 (00:56,76), 200m: 03:40,56 (00:53,30) 250m: 04:39,83 (00:59,27), 300m: 05:39,35 (00:59,52), 350m: 06:26,97 (00:47,62), 400m: 07:11,29 (00:44,32)							
	Reitsema, Kira	2006	AUT	1. LSK Heindl		dq.		
	13:51	SW 9.4 Beendete die Schwimmphase nicht nach den Regeln des Zielanschlags der Lage Rücken						

AK 13-14, Pflichtzeit: 06:55,48

2.	Fürst, Elena	2007	AUT	1. LSK Heindl	05:31,52	+00.96	518	
	RT +0.74 50m: 00:37,69, 100m: 01:24,79 (00:47,10), 150m: 02:04,46 (00:39,67), 200m: 02:44,10 (00:39,64) 250m: 03:30,32 (00:46,22), 300m: 04:16,97 (00:46,65), 350m: 04:55,27 (00:38,30), 400m: 05:31,52 (00:36,25)							
4.	Hostnik, Klara	2007	AUT	1. LSK Heindl	06:01,48	+30.92	400	
	RT +0.92 50m: 00:38,42, 100m: 01:24,51 (00:46,09), 150m: 02:14,53 (00:50,02), 200m: 03:02,50 (00:47,97) 250m: 03:49,88 (00:47,38), 300m: 04:38,36 (00:48,48), 350m: 05:19,65 (00:41,29), 400m: 06:01,48 (00:41,83)							
5.	Pieringer, Magdalena	2007	AUT	1. LSK Heindl	06:01,75	+31.19	399	
	RT +0.60 50m: 00:38,25, 100m: 01:25,39 (00:47,14), 150m: 02:12,17 (00:46,78), 200m: 02:58,01 (00:45,84) 250m: 03:49,29 (00:51,28), 300m: 04:39,50 (00:50,21), 350m: 05:21,28 (00:41,78), 400m: 06:01,75 (00:40,47)							
9.	Semlak, Marlene	2008	AUT	1. LSK Heindl	06:35,26	+01:04.70	306	
	RT +0.83 50m: 00:40,02, 100m: 01:32,31 (00:52,29), 150m: 02:24,29 (00:51,98), 200m: 03:16,08 (00:51,79) 250m: 04:11,61 (00:55,53), 300m: 05:08,70 (00:57,09), 350m: 05:53,18 (00:44,48), 400m: 06:35,26 (00:42,08)							
11.	Huber, Katharina	2007	AUT	1. LSK Heindl	06:47,43	+01:16.87	279	
	RT +0.89 50m: 00:41,58, 100m: 01:30,78 (00:49,20), 150m: 02:25,03 (00:54,25), 200m: 03:18,50 (00:53,47) 250m: 04:16,18 (00:57,68), 300m: 05:15,12 (00:58,94), 350m: 06:02,13 (00:47,01), 400m: 06:47,43 (00:45,30)							
12.	Schachenhofer, Florentine	2008	AUT	1. LSK Heindl	07:08,36	+01:37.80	RG	240
	RT +0.82 50m: 00:45,15, 100m: 01:41,63 (00:56,48), 150m: 02:37,38 (00:55,75), 200m: 03:30,31 (00:52,93) 250m: 04:28,15 (00:57,84), 300m: 05:26,39 (00:58,24), 350m: 06:19,66 (00:53,27), 400m: 07:08,36 (00:48,70)							

Fortsetzung Bewerb 11 - 400m Lagen Herren

Allgemeine Klasse, Pflichtzeit: 06:01,44

8.	Pieringer, Daniel	2005	AUT	1. LSK Heindl	05:19,83	+42.51	443
	RT +0.67 50m: 00:31,06, 100m: 01:08,12 (00:37,06), 150m: 01:52,55 (00:44,43), 200m: 02:35,64 (00:43,09) 250m: 03:20,68 (00:45,04), 300m: 04:06,86 (00:46,18), 350m: 04:44,18 (00:37,32), 400m: 05:19,83 (00:35,65)						
12.	Brandstetter, Lorenz	2006	AUT	1. LSK Heindl	05:32,34	+55.02	394
	RT +0.65 50m: 00:31,97, 100m: 01:14,50 (00:42,53), 150m: 01:56,02 (00:41,52), 200m: 02:36,20 (00:40,18) 250m: 03:25,83 (00:49,63), 300m: 04:18,44 (00:52,61), 350m: 04:56,77 (00:38,33), 400m: 05:32,34 (00:35,57)						
14.	Huss-Klaffensteiner, Niclas	2004	AUT	1. LSK Heindl	05:35,31	+57.99	384
	RT +0.63 50m: 00:33,43, 100m: 01:15,57 (00:42,14), 150m: 02:02,32 (00:46,75), 200m: 02:46,20 (00:43,88) 250m: 03:29,90 (00:43,70), 300m: 04:17,24 (00:47,34), 350m: 04:57,05 (00:39,81), 400m: 05:35,31 (00:38,26)						
22.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	06:13,48	+01:36.16	278
	RT +0.86 50m: 00:39,09, 100m: 01:29,41 (00:50,32), 150m: 02:15,21 (00:45,80), 200m: 03:00,12 (00:44,91) 250m: 03:53,95 (00:53,83), 300m: 04:49,09 (00:55,14), 350m: 05:31,60 (00:42,51), 400m: 06:13,48 (00:41,88)						
23.	Semlak, Florian	2008	AUT	1. LSK Heindl	06:21,90	+01:44.58	260
	RT +0.82 50m: 00:38,43, 100m: 01:26,90 (00:48,47), 150m: 02:12,83 (00:45,93), 200m: 02:57,37 (00:44,54) 250m: 03:54,18 (00:56,81), 300m: 04:51,63 (00:57,45), 350m: 05:37,93 (00:46,30), 400m: 06:21,90 (00:43,97)						

OÖ Landesmeisterschaften - Lange Strecken 2021

08.05./09.05.2021

Fortsetzung Bewerb 11 - 400m Lagen Herren

Allgemeine Klasse, Pflichtzeit: 06:01,44

24.	Bauer, Nanda	2006	AUT	1. LSK Heindl	06:33,37	+01:56.05	238
	RT +0.86 50m: 00:34,84, 100m: 01:19,85 (00:45,01), 150m: 02:08,57 (00:48,72), 200m: 02:59,15 (00:50,58) 250m: 03:54,14 (00:54,99), 300m: 04:55,30 (01:01,16), 350m: 05:46,35 (00:51,05), 400m: 06:33,37 (00:47,02)						
26.	Shail, Ryan James	2007	AUT	1. LSK Heindl	07:31,53	+02:54.21	157
	RT +0.74 50m: 00:39,23, 100m: 01:34,42 (00:55,19), 150m: 02:34,65 (01:00,23), 200m: 03:37,43 (01:02,78) 250m: 04:38,04 (01:00,61), 300m: 05:46,79 (01:08,75), 350m: 06:38,16 (00:51,37), 400m: 07:31,53 (00:53,37)						
	Pieringer, David	2008	AUT	1. LSK Heindl		dq.	
	14:21	SW 7.5 Wechselbeinschlag auf der Bruststrecke					

Junioren, Pflichtzeit: 06:20,64

3.	Huss-Klaffensteiner, Niclas	2004	AUT	1. LSK Heindl	05:35,31	+30.80	384
	RT +0.63 50m: 00:33,43, 100m: 01:15,57 (00:42,14), 150m: 02:02,32 (00:46,75), 200m: 02:46,20 (00:43,88) 250m: 03:29,90 (00:43,70), 300m: 04:17,24 (00:47,34), 350m: 04:57,05 (00:39,81), 400m: 05:35,31 (00:38,26)						

AK 15-16, Pflichtzeit: 06:39,84

3.	Pieringer, Daniel	2005	AUT	1. LSK Heindl	05:19,83	+21.99	443
	RT +0.67 50m: 00:31,06, 100m: 01:08,12 (00:37,06), 150m: 01:52,55 (00:44,43), 200m: 02:35,64 (00:43,09) 250m: 03:20,68 (00:45,04), 300m: 04:06,86 (00:46,18), 350m: 04:44,18 (00:37,32), 400m: 05:19,83 (00:35,65)						
6.	Brandstetter, Lorenz	2006	AUT	1. LSK Heindl	05:32,34	+34.50	394
	RT +0.65 50m: 00:31,97, 100m: 01:14,50 (00:42,53), 150m: 01:56,02 (00:41,52), 200m: 02:36,20 (00:40,18) 250m: 03:25,83 (00:49,63), 300m: 04:18,44 (00:52,61), 350m: 04:56,77 (00:38,33), 400m: 05:32,34 (00:35,57)						
10.	Bauer, Nanda	2006	AUT	1. LSK Heindl	06:33,37	+01:35.53	238
	RT +0.86 50m: 00:34,84, 100m: 01:19,85 (00:45,01), 150m: 02:08,57 (00:48,72), 200m: 02:59,15 (00:50,58) 250m: 03:54,14 (00:54,99), 300m: 04:55,30 (01:01,16), 350m: 05:46,35 (00:51,05), 400m: 06:33,37 (00:47,02)						

AK 13-14, Pflichtzeit: 06:39,84

6.	Eckhart, Alexander	2008	AUT	1. LSK Heindl	06:13,48	+45.72	278
	RT +0.86 50m: 00:39,09, 100m: 01:29,41 (00:50,32), 150m: 02:15,21 (00:45,80), 200m: 03:00,12 (00:44,91) 250m: 03:53,95 (00:53,83), 300m: 04:49,09 (00:55,14), 350m: 05:31,60 (00:42,51), 400m: 06:13,48 (00:41,88)						
7.	Semlak, Florian	2008	AUT	1. LSK Heindl	06:21,90	+54.14	260
	RT +0.82 50m: 00:38,43, 100m: 01:26,90 (00:48,47), 150m: 02:12,83 (00:45,93), 200m: 02:57,37 (00:44,54) 250m: 03:54,18 (00:56,81), 300m: 04:51,63 (00:57,45), 350m: 05:37,93 (00:46,30), 400m: 06:21,90 (00:43,97)						
8.	Shail, Ryan James	2007	AUT	1. LSK Heindl	07:31,53	+02:03.77	RG 157
	RT +0.74 50m: 00:39,23, 100m: 01:34,42 (00:55,19), 150m: 02:34,65 (01:00,23), 200m: 03:37,43 (01:02,78) 250m: 04:38,04 (01:00,61), 300m: 05:46,79 (01:08,75), 350m: 06:38,16 (00:51,37), 400m: 07:31,53 (00:53,37)						
	Pieringer, David	2008	AUT	1. LSK Heindl		dq.	
	14:21	SW 7.5 Wechselbeinschlag auf der Bruststrecke					